



Caloundra Seahawks Hockey Club Inc. 2020 COVID-19 Safe Plan under Stage 2 Restrictions (SEAHAWKSOPDOC001)

Description and Background

This document describes the environment and actions relating to the return to playing and training for teams registered in various competitions within the Sunshine Coast Hockey Association (SCHA), after suspension of normal operations of the SCHA due a global pandemic of the COVID-19 virus early in 2020. This plan has been necessitated specifically to meet restrictions for mass gatherings (and hence sporting assembly) put in place by the Commonwealth and Queensland State Governments.

Operational Trigger and Applicability

This document will be triggered in all circumstances that relate to return to play and training after restrictions pertaining to the COVID-19 pandemic in 2020. This Safety Plan applies from Monday June 15 2020 when training sessions are planned to commence and is subject to directives issued by the Queensland Chief Health Officer.

It will be updated to remain in effect after 10 July 2020 when Stage 3 of the Roadmap to easing Queensland's restrictions is enacted, or is otherwise altered, varied or discontinued when COVID-19 control measures are either rescinded or re-activated by any government.

Authorship and Management

The Caloundra Seahawks Secretary is the author and the Caloundra Seahawks Executive and Committee are responsibly for approval, implementation and ongoing management of this document. The document will be reviewed at each Committee meeting, for as long as Stage 2 or Stage 3 COVID-19 control measures are in place.

Document History

Date	Version	Status	Comment
08/06/20	0.1	Draft	First draft circulated to Seahawks Committee for review and amendment
13/06/20	1.0	Final	For dissemination to club members

Related Documents

Sunshine Coast Hockey Association COVID-19 Safety Plan Under Stage 2 Restrictions.
4 June 2020 Version V.2 sent to SCHA clubs 7 Jun 20

Note: the above document contains a comprehensive set of links to all relevant documentation pertaining to COVID-19 Stage 2 Return to Play and as such these related documents are not recreated here. The Hockey Queensland documents listed below similarly contain relevant links and set the overarching governance of the SCHA and Caloundra Seahawks Safe Plans

Hockey Queensland Return to Play Guidelines for Stage 2. (22 May 2020 Version F.2)

<https://hockeyqld.com.au/wp-content/uploads/2020/05/Return-To-Play-Guidelines-Under-Stage-2-Restrictions.pdf>

INDUSTRY COVIDSAFE PLAN draft circulated by Hockey Queensland Thursday 4 Jun 20

Caloundra Seahawks COVID Return to Training Checklist (Ver 1.0 dated 13 Jun 20)

Scope

This plan applies to members, athletes and officials of the Caloundra Seahawks. It also applies to sports trainers and spectators associated with any Caloundra Seahawks team, who interface with competitions and facilities managed by the SCHA.

QLD Government and SCHA Key Principles and Guidance, and Document Dependencies

The QLD Government, Hockey QLD and SCHA have developed comprehensive documentation relating to management of facilities and playing and training activities. To ensure maximum accuracy and coverage of these principle and guidelines, the following sections are copied verbatim (including paragraph numbers) from the SCHA COVID-19 Safety Plan Under Stage 2 Restrictions. Because the following sections are derived from that SCHA Plan, any changes made to the SCHA Plan must be updated in the Seahawks COVID-19 Safe Plan.

[This highlighted section starts the verbatim Section from the SCHA COVID-19 Safety Plan]

Queensland Government's Key Principles

6.1 General Directives

6.1.1 Physical Distancing

A minimum space of 1.5 meters between you and other people that are not from your household shall be observed. 4 square meters per person must be maintained when indoors or in a group.

6.1.2 Hygiene Principles

Hand washing with soap and water for 20 seconds or use hand sanitiser before and after any contact with surfaces. Cover coughs and sneezes, avoid touching your face and stay home if you are sick.

Frequent environmental cleaning and disinfecting, particularly surfaces that are touched by more than one person.

6.2 Sport Directives under Stage 2

- Participants gather outdoors in groups of no more than 20, including the coach and any other support staff.
- Parents or other people are required to keep a reasonable distance or will be included in the group of 20.
- No indoor activity – indoor physical recreation facilities must remain closed
- Maintain physical distancing of 1.5 metres wherever reasonably possible
- All activity and training must be non-contact, and no competitions are to take place. Contact sports must be modified so that you can maintain 1.5m distance
- No use of communal facilities, except for toilets
- Venue operators must keep a record of attendees including first name, phone number, date and time of attendance.
- No use of shared equipment that touches the head or face or cannot be effectively cleaned i.e. soft materials or clothing
- Hand hygiene, frequent environmental cleaning and disinfection, use of own equipment where possible and minimise sharing of equipment.

7. Hazard and Risk Management (H.A.R.M)

Hazard and Risk Management at the SCHA shall be monitored by the SCHA President, any other board member and the Facility Administrator to ensure control measures are being implemented. Users shall ensure compliance with this plan and any other Club specific COVID Safe Plans.

All participants shall bring and only wear or use their own attire and equipment.

No equipment shall be left at the SCHA. No lost property will be kept at the centre.

All entrants must agree to the terms and conditions of entry and as such entry to the SCHA facility is acknowledgement that you have read and accepted this safety plan.

8. Movement, Access and Health Management

8.1 General Principles

The approach to training is 'get in, train, get out' with a spectator free environment and the minimum support staff available to support training sessions and participants.

To reduce cleaning and monitoring activities to the essential minimum and to avoid unnecessary monitoring with limited resources, until this plan is revised or withdrawn the SCHA will remain spectator free. It is strongly recommended that Parents and Guardians drop and go or wait in their car. If this is not possible the following rules should be followed.

- For Junior Training at most 1 x parent or caregiver attend. (no non participating siblings)

- No other spectators should be present

- Any non-participating personnel should be a minimum of 1.5m from any training area and maintain minimum 1.5m between each person.

Parents and guardians that remain with their children during participation will be required to remain in the parent zones (refer attachment 1 and 3). Social distancing and hygiene practices must be observed by all parents or guardians.

The car park inside the fenced area and the veranda in front of the clubhouse will be closed. Social gathering is not permitted while this plan is in place.

8.2 Entry and Exit

Entry to the turf facilities will only be via the gates directly in front of the clubhouse and exit is to be via the double gates at the canteen end (southern end) of the clubhouse. Access to the turf field is to be via the relevant stairs depending on your training zone. Exit via either the ambulance gates (Zone 1) or the gate in the south east corner (Zone 2) as per attachment 2. Signs will clearly indicate entry and exit.

Entry to the grass fields is only for each training zone (refer attachment 3) with participants only allowed inside the sandstone block fenced area.

Participants must follow clearly marked directions to their designated zone as soon as they arrive and shall only enter the SCHA turf facility or grass fields 5 minutes before their start time. Goal keepers are to get ready once on the turf in front of the dugout area or prior to entry to the facility. Please refer to the SCHA Map (Attachments 1,2 & 3) to identify the separate entry and exit points for the turf facility, turf field and grass fields.

Dugouts will be closed to all groups.

8.3 Fit to Enter

All staff and users of the SCHA shall not attend if in the last fourteen days they have been unwell or had contact with a known or suspected case of COVID-19.

Players who have recovered from COVID-19 infection should consider a gradual return to training.

Persons suspected of being unwell, having any respiratory symptoms (even mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention and notify health authorities.

8.4 Notification of issues

Queensland Health shall be immediately notified by the SCHA President, any other board member or the Facility Administrator where there are any health issues or suspected COVID-19 cases.

8.5 COVID-19 Tracking

Affiliated clubs will be responsible and must keep a record of all attendees, including any parents or guardians, prior to entering the facility and must include first name, surname, phone number, date and time of attendance (Attachment 4). A copy of this attendance record is to be provided to SCHA via email to admin@suncoasthockey.com.au within 24 hours.

8.6 Reporting

Where a participant subsequently tests positive for COVID-19, the exposure shall be immediately reported to a relevant Club Committee member who will notify the SCHA within two (2) hours. Training attendance records shall be provided to Queensland Health within 24 hours.

8.7 Availability of Hand Washing Facilities and Hand Sanitiser

Sanitising stations shall be available at all entry and exit points of the turf facility and field. Handwashing is available in the changerooms. Clubs and users shall also provide sanitiser products for their training sessions.

8.8 Zones

The SCHA has been divided in to zones for use of the fields and for limited parents or guardians to attend the turf facility. All SCHA attendees shall proceed directly to their designated zone and must not enter into or interact with any one from another zone. Each zone has a separate entry and exit point.

Designated areas for limited parents or guardians to attend the turf facility will be on the grass mounds at the end in which the child is participating. Parents or guardians are not permitted to enter the grass fields as designated by the sandstone block fence. Parents or guardians must abide by social distancing requirements at all times.

Please refer to the SCHA Maps for directions (attachments 1, 2 & 3).

8.9 Training Times

Bookings will become 45 minute intervals. The SCHA has allowed a 15 minute window to allow 10 minutes for a group to pack up, clean their area and then depart and a 5 minute window for the next group to enter.

Groups are responsible for managing their own time and must not loiter or linger on the field when their time has concluded and must not enter the facility prior to their designated training time. Remember to, Get in, train and get out!

8.10 Training Protocols

Until July 10 2020 non-contact skills training drills are allowed in small groups (not more than 20 people including coach or the minimum number of support staff reasonably required to manage the activity) and social distancing rules must be observed.

Groups are responsible for managing their social distancing during their session. Coaches are responsible for conducting sessions that meet the social distancing requirements.

8.11 Team Change Rooms

Participants are to arrive at and depart from the SCHA in their training attire with stick, mouthguard, water bottle, medication (e.g. asthma puffer) and keys. Where possible no bags (goal keepers excluded) and please leave any other non-essential items in your car.

The change rooms are closed and unavailable for use with the exception of the toilet and hand basins.

8.12 Public Toilets

The main door to the change rooms will be latched open to limit the need to touch the door handle. Please ensure this door remains open.

Access to the change rooms is limited to two people per change room at any one time. Participants are to self-manage this requirement. Toilets cannot be used for changing. Please arrive dressed for training.

8.13 Canteen Access

The SCHA Bar and Canteen will remain closed under Stage 2 restrictions.

8.14 Social Gatherings

There shall be no unnecessary social gatherings before or after training sessions within the SCHA. While not within the jurisdiction of the SCHA, physical distancing measures should be observed within the external car park to the turf facility and on the grass parking areas around the grass fields.

9. Hygiene

9.1 Water Containers

Participants shall bring and only use their own water bottles.

9.2 Shared Equipment

Hockey sticks, shin pads and goal keeping equipment shall not be shared.

Towels and face washers shall not be shared. Hockey balls shall not be shared between zones. If a ball from one Zone finds a way to another zone it cannot be retrieved until after the group in that Zone has left or they return it.

Hockey balls can be shared between people of the same group in a Zone however they must be cleaned after each training session.

The SCHA provided balls for the turf will be removed until further notice with clubs to provide their own balls. If required, SCHA will provide sets of balls to clubs which will become their responsibility until advised otherwise. Clubs are to treat these balls as they would their own and SCHA will reserve the right to invoice clubs for the cost to replace any balls not returned.

Players are instructed to minimise hand contact with hockey balls and other non-essential surfaces. Goal boxes, signs or any other SCHA equipment is not to be moved for any reason. SCHA will set them in place.

9.3 Shared Uniforms

Training bibs or any other clothing shall not be shared.

9.4 Handwashing and Sanitising

All participants, parents, guardians and staff shall have access to the change rooms to wash their hands with soap and water. Only two people at a time shall be permitted in the change rooms.

All participants will be required to sanitise their hands when entering and exiting the SCHA turf playing surface with sanitising stations provided by SCHA.

9.5 Full Body Showers

Showering at the venue is not permitted.

Participants are to shower at home prior to training and wear clean training attire.

Participants are to shower at home after training and wash training attire.

9.6 Prohibitions

The following must be observed:

- No spitting anywhere or on any person
- No gum to be consumed in the centre
- No smoking in the centre
- No sanitiser products are to be applied to people or high contact surfaces/equipment whilst on the turf as it can permanently stain
- No jewellery to be worn while training or playing

9.7 Cleaning Schedules

Time shall be allowed for Teams to clear and if required clean their respective areas before departing.

The tops of the dugout walls will be required to be wiped down by a member of the group once their training is finished. Spray bottles with disinfectant, disposable gloves and paper towel will be made available by SCHA. Please ensure paper towel and gloves are disposed of in the bins provided.

After the last training session of each evening or following an incident SCHA will arrange commercial cleaners to clean and sanitise:

- Toilet stall door handles, taps and soap dispensers
- High contact hand rails

And regularly monitor paper towels, soap and hand sanitiser levels.

The SCHA will be commercially cleaned after any day that the turf facility has been used.

10. Sports Medicine

Where reasonably possible it is recommended participants administer first aid or sport medicine themselves. E.g. complete their own ankle strapping, apply a band aid etc. In the case of an emergency call an ambulance on 000 and proceed with following standard first aid precautions. If ambulance access is required please contact SCHA President (Scott Brennan) on 0409 632 079 or your club president to get instructions on how to access the key to open the car park gates.

11. Personal Behaviour

11.1 Greetings

Handshakes, high-fives etc shall be discouraged.

Team huddles may only be held with player's maintaining 1.5m separation from each other and the coach.

11.2 Modification of Rules

Attendees requiring mobility aids shall continue to be afforded discretion to use aids such as, crutches, walking frames etc.

Where there has been contact by other participants, mobility aids shall be cleaned and or sanitised before and after use.

12. Communication

12.1 Electronic Media

The SCHA COVID Safe Plan will be available on the SCHA website. It will be emailed directly to the Secretary of each affiliated club and a link to the website document provided to each member via email.

12.2 COVID Safe Coordinator Induction

Each club booking a Training Zone will be required to nominate a COVID Safe Coordinator who will ensure physical measures are communicated to their respective club teams and be the first point of contact and reference for the respective club. The COVID Safe Coordinator will be required to complete an induction with the President of the SCHA before they can gain access to the facility.

12.3 Signage

Relevant signage will be posted on the entrance gate, and throughout the venue.

13. SCHA User Groups

Each affiliated club using the SCHA will be required to have their own COVID Safe Plan on how they manage their people and equipment. All affiliated clubs will be required to agree, via reply email to secretary@suncoasthockey.com.au and president@suncoasthockey.com.au, to the new procedures set out in this COVID Safety Plan before they will be provided access to train.

14. Disciplinary Action

Individuals or groups failing to comply with the requirements set out in this Safety Plan may be requested to leave immediately. Repeat offenders (individuals or groups) may be denied further entry or may have training privileges revoked.

[This ends the verbatim Section from the SCHA COVID-19 Safety Plan]

Caloundra Seahawks Specific Guidelines

1. Communication

1.1 The Caloundra Seahawks COVID Safe Plan will be available on the Caloundra Seahawks website. A link to that document will be emailed directly to each registered member before the recommencement of training and competition at the SCHA facility. An alert to this document will be made via the Caloundra Seahawks Facebook page.

1.2 Any decisions and actions arising from this plan will be communicated via the Caloundra Seahawks website and the Caloundra Seahawks Facebook page.

2. COVID Safe Coordinator, Induction and Compliance

2.1 The Seahawks COVID Safe Coordinator shall be appointed by the Management Committee. That person will ensure physical measures are communicated within the club teams and they will be the first point of contact and reference for COVID-related matters for our club. The Seahawks COVID Safe Coordinator will be required to complete an induction with the President of the SCHA before they can gain access to the facility.

2.2 The Seahawks COVID Safe Coordinator is responsible, with the Vice-Presidents, for the conduct of all training and competition participation in accordance with the Caloundra Seahawks COVID Safe Plan and the overarching SCHA COVID-19 Safe Plan. That person is responsible for investigating any non-compliance matter and, with the relevant Vice-President, report such matters and proposed ensuing remediation action without delay to the Caloundra Seahawks Executive.

2.3 The Seahawks COVID Safe Coordinator shall, with the Vice-Presidents, ensure that at the first training session and competition match for each team, the Manager and Coach, with Safe Coordinator's assistance as required, will communicate the requirements for implementing the SCHA and Caloundra Seahawks COVID-19 Safe Plans, and implement a club-level and team-level induction process as required.

2.4 The Seahawks COVID Safe Coordinator shall assist the Vice-Presidents, within the constraints and guidelines of the SCHA, to develop an agreed training roster that is equitable to teams and members, recognising that the 20 person zone limit is a significant deviation from the training plan agreed at the start of the 2020 Season. That roster must also recognise that there are potential fee 'value' implications should members be unable to train because of restricted numbers.

2.5 Prior to the first training session the Seahawks COVID Safe Coordinator shall, with the Vice-Presidents, ensure that each coach has an understanding of their responsibilities to implement this plan and prior to the first match ensure that each manager has an understanding of their responsibilities to implement this plan.

2.6 The Seahawks COVID Safe Coordinator shall in concert with the Vice-Presidents ensure that for every activity (eg training, meeting or match) a team participates in, irrespective of the venue, complete a register of attendance using the template provided by SCHA and message that completed register to the Seahawks COVID Safe Coordinator at the completion of each training session. The Seahawks COVID Safe Coordinator will forward those registers to the SCHA Admin officer (admin@suncoasthockey.com.au) within 24 hours of the activity.

2.7 Prior to recommencement of training, the Seahawks COVID Safe Coordinator shall in concert with the Vice-Presidents, ensure that required balls, cones and other equipment are made available to each team and that coaches and managers understand their responsibilities for custody and sanitation of allocated equipment. Coaches must also understand the responsibility for the tops

of the dugout walls to be wiped down by a member of the group once their training is finished using spray bottles with disinfectant, disposable gloves and paper towel will be made available by SCHA.

2.8 Prior to the first training session before season resumption, the Seahawks COVID Safe Coordinator will brief coaches and managers on the expectations of teams to comply with the SCHA and Seahawks COVID Safe Plans. That will also include briefing on use by individual players of the Seahawks COVID-19 Return to Training Player Checklist prior to every attendance at training or playing during COVID-19 Restrictions.

2.9 Prior to both the first training session and the first competition match, the coach and/or manager are to brief team members on team-specific expectations and processes before entering the SCHA facility. In the first training session and match, the coach and manager are to monitor compliance and ensure any corrective action is taken to ensure ongoing compliance. Coaches are required to maintain subsequent ongoing vigilance and action for the duration of COVID-19 restrictions.

3. Use of Grass fields and Facilities at the Meridan Sporting Precinct

3.1 At the time of approval of this plan, a decision is yet to be made on use of the grass fields at the Meridan Sporting Precinct. Any requirement to use these fields will comply with both the expectations of using the grass at Buderim articulated through the SCHA COVID Safe Plan and any plan that is in existence relating to use of the Meridan Sporting Precinct.